



## **DEXA/ BONE DENSITY PREP**

**SCREENING DEXA/BONE DENSITY:** No calcium, Tums or multi-vitamins 24 hours prior to the exam.

\*Please note: Schedule your DEXA/Bone Density exam at least 2 years and a day after your previous DEXA/Bone Density exam. Most insurance companies will only cover a DEXA/Bone Density exam once every 2 years. If you have been diagnosed with osteoporosis and are currently taking medications for osteoporosis, your provider may order a DEXA/Bone Density exam every 366 days based on your diagnosis. Please check with your insurance if you have any questions regarding your coverage.

If you have any questions about the prep for your procedure, please contact the Pratt Healthcare Imaging Department at 540-785-7200.